

2021 Evesham Middle School Lunch Menu

Lunch Prices
 Student \$3.00
 Reduced \$0.00
 Milk \$0.75
 Adult \$4.90

Grab & Go Breakfast
Cereal Kits with Milk Available Daily.

Breakfast Prices
 Student \$1.70
 Reduced \$0.00
 Adult \$2.00

Daily Alternates:
 All Beef Hot Dog on a Bun for in school dining only



Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
1 Grilled Cheese Sandwich Chips Veggies w/Dip Raisins	2 Chicken Patty Cheese Stick Tender Corn Niblets Chilled Fruit Cup	3 Hoagie Chips Chilled Fruit Cup	4 Chicken Nuggets Dinner Roll French Fries Seasoned Green Beans	5 Pizza Side Salad Chilled Fruit Cup	Cal 596 T.Fat 21.19 G S.Fat 6.3 G Chol 46.3 Mg Sodm 1147.71 Mg
8 Creamy Mac & Cheese Dinner Roll Fresh Veggies w/Dip Chilled Fruit Cup	9 Corn Dog Bites Chips Vegetarian Baked Beans Creamy Pudding	10 Turkey Sandwich Chips Cheese Stick Chilled Fruit Cup	11 Build Your Own Nachos w/ Beef & Cheese Lettuce & Tomato Cup	12 French Bread Pizza Side Salad Chilled Fruit Cup	Cal 587 T.Fat 20.04 G S.Fat 6.2 G Chol 46.5 Mg Sodm 1024.57 Mg
15 Chicken Tenders Chips Seasoned Green Beans Chilled Fruit Cup	16 Pancakes Sausage Patty Tasty Tater Tots Warm Cinnamon Apples	17 Tangerine Chicken Fluffy Rice Cooked Carrots Chilled Fruit Cup	18 Ham & Cheese on Pretzel Bun Chips Baby Carrots w/Dip Chilled Fruit Cup	19 Pizza Side Salad Chilled Fruit Cup	Cal 599 T.Fat 19.25 G S.Fat 4.8 G Chol 42.4 Mg Sodm 909.13 Mg
22 Cheeseburger Chips Vegetarian Baked Beans Chilled Fruit Cup	23 Pizza Crunchers Fresh Veggies w/Dip Raisins	24 Turkey Sandwich Chips Cheese Stick Fresh Baked	25 Mini Pancakes Sausage Patty Tasty Tater Tots Cinnamon Apples	26 Pizza Side Salad Chilled Fruit Cup	Cal 671 T.Fat 22.77 G S.Fat 6.9 G Chol 45.4 Mg Sodm 1119.22 Mg
29 Grilled Cheese Sandwich Goldfish Crackers Chilled Fruit Cup	30 Chicken Nuggets Buttered Pasta Tender Corn Niblets Chilled Fruit Cup	31 Cheesesteak Sandwich French Fries Chilled Fruit Cup	DAILY OFFERINGS: 1% White or Fat Free Flavored Milk, Fresh veggies w/ dip, chilled and fresh fruit are all offered daily and included with the price of lunch. Juice or water may be purchased separately.		Cal 603 T.Fat 18.92 G S.Fat 6.3 G Chol 56.2 Mg Sodm 1000.99 Mg

NOTICE: Many of our menu items may contain the following allergens: Milk, Dairy, Eggs, Soy and Wheat. Menus are subject to change. We do our best to offer the daily menu posted. Last minute changes will be accounted. This may affect nutritional information for that day.



Menu questions or concerns, contact Pat Gould at pfmapat@gmail.com