

**Princeton Food Management Associates**

**Mar 1, 2021 thru Mar 31, 2021**

Base Menu Spreadsheet

Evesham ES BRK K-5

Portion Values - Detailed

Page 1

Generated on: 2/17/2021 9:43:06 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Mon - 03/01/2021</b>																
Evesham ES BRK K-5	Total	106														
Breakfast Kit Choice	1 each	106	268	0	322	3.20	6.14	113.2	758	71.78	23	3.2	55.0	4.6	1.00	0.00
Fruit Choice Brkft	1 piece	106	58	0	1	2.47	0.14	17.7	116	22.21	11	0.65	14.95	0.18	0.04	0.00
Milk, 1% White	1/2 pint	7	110	15	130	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	0.00
Milk, FF, Skim	1/2 pint	2	90	0	150	0.00	0.00	300.0	500	1.2	12	8.0	13.0	0.0	0.00	0.00
Milk, FF, Chocolate	1/2 pint	49	130	5	170	0.00	0.00	300.0	500	2.4	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Strawberry	1/2 pint	24	120	5	105	0.00	0.00	300.0	500	0.0	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Vanilla	1/2 pint	23	120	5	100	0.00	0.00	250.0	500	0.0	12	8.0	20.0	0.0	0.00	0.00
Milk, FF, White, Lactaid PFMA	1/2 pint	1	90	0	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Weighted Daily Average			449	6	459	5.67	6.28	420.0	1374	95.20	53	11.85	90.66	4.95	1.14	0.00
% of Calories											47.1%	10.6%	80.8%	9.9%	2.3%	0.0%
Nutrient Guideline			350-500		540										<10.00	

<b>Tue - 03/02/2021</b>																
Evesham ES BRK K-5	Total	106														
Breakfast Kit Choice	1 each	106	268	0	322	3.20	6.14	113.2	758	71.78	23	3.2	55.0	4.6	1.00	0.00
Fruit Choice Brkft	1 piece	106	58	0	1	2.47	0.14	17.7	116	22.21	11	0.65	14.95	0.18	0.04	0.00
Milk, 1% White	1/2 pint	7	110	15	130	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	0.00
Milk, FF, Skim	1/2 pint	2	90	0	150	0.00	0.00	300.0	500	1.2	12	8.0	13.0	0.0	0.00	0.00
Milk, FF, Chocolate	1/2 pint	49	130	5	170	0.00	0.00	300.0	500	2.4	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Strawberry	1/2 pint	24	120	5	105	0.00	0.00	300.0	500	0.0	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Vanilla	1/2 pint	23	120	5	100	0.00	0.00	250.0	500	0.0	12	8.0	20.0	0.0	0.00	0.00
Milk, FF, White, Lactaid PFMA	1/2 pint	1	90	0	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Weighted Daily Average			449	6	459	5.67	6.28	420.0	1374	95.20	53	11.85	90.66	4.95	1.14	0.00
% of Calories											47.1%	10.6%	80.8%	9.9%	2.3%	0.0%
Nutrient Guideline			350-500		540										<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

**Princeton Food Management Associates**

**Mar 1, 2021 thru Mar 31, 2021**

Base Menu Spreadsheet

Evesham ES BRK K-5

Portion Values - Detailed

Page 2

Generated on: 2/17/2021 9:43:06 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Wed - 03/03/2021</b>																
Evesham ES BRK K-5	Total	106														
Breakfast Kit Choice	1 each	106	268	0	322	3.20	6.14	113.2	758	71.78	23	3.2	55.0	4.6	1.00	0.00
Fruit Choice Brkft	1 piece	106	58	0	1	2.47	0.14	17.7	116	22.21	11	0.65	14.95	0.18	0.04	0.00
Milk, 1% White	1/2 pint	7	110	15	130	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	0.00
Milk, FF, Skim	1/2 pint	2	90	0	150	0.00	0.00	300.0	500	1.2	12	8.0	13.0	0.0	0.00	0.00
Milk, FF, Chocolate	1/2 pint	49	130	5	170	0.00	0.00	300.0	500	2.4	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Strawberry	1/2 pint	24	120	5	105	0.00	0.00	300.0	500	0.0	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Vanilla	1/2 pint	23	120	5	100	0.00	0.00	250.0	500	0.0	12	8.0	20.0	0.0	0.00	0.00
Milk, FF, White, Lactaid PFMA	1/2 pint	1	90	0	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Weighted Daily Average			449	6	459	5.67	6.28	420.0	1374	95.20	53	11.85	90.66	4.95	1.14	0.00
% of Calories											47.1%	10.6%	80.8%	9.9%	2.3%	0.0%
Nutrient Guideline			350-500		540										<10.00	

<b>Thu - 03/04/2021</b>																
Evesham ES BRK K-5	Total	106														
Breakfast Kit Choice	1 each	106	268	0	322	3.20	6.14	113.2	758	71.78	23	3.2	55.0	4.6	1.00	0.00
Fruit Choice Brkft	1 piece	106	58	0	1	2.47	0.14	17.7	116	22.21	11	0.65	14.95	0.18	0.04	0.00
Milk, 1% White	1/2 pint	7	110	15	130	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	0.00
Milk, FF, Skim	1/2 pint	2	90	0	150	0.00	0.00	300.0	500	1.2	12	8.0	13.0	0.0	0.00	0.00
Milk, FF, Chocolate	1/2 pint	49	130	5	170	0.00	0.00	300.0	500	2.4	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Strawberry	1/2 pint	24	120	5	105	0.00	0.00	300.0	500	0.0	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Vanilla	1/2 pint	23	120	5	100	0.00	0.00	250.0	500	0.0	12	8.0	20.0	0.0	0.00	0.00
Milk, FF, White, Lactaid PFMA	1/2 pint	1	90	0	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Weighted Daily Average			449	6	459	5.67	6.28	420.0	1374	95.20	53	11.85	90.66	4.95	1.14	0.00
% of Calories											47.1%	10.6%	80.8%	9.9%	2.3%	0.0%
Nutrient Guideline			350-500		540										<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

**Princeton Food Management Associates**

**Mar 1, 2021 thru Mar 31, 2021**

Base Menu Spreadsheet

Evesham ES BRK K-5

Portion Values - Detailed

Page 3

Generated on: 2/17/2021 9:43:06 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 03/05/2021																
Evesham ES BRK K-5	Total	106														
Breakfast Kit Choice	1 each	106	268	0	322	3.20	6.14	113.2	758	71.78	23	3.2	55.0	4.6	1.00	0.00
Fruit Choice Brkft	1 piece	106	58	0	1	2.47	0.14	17.7	116	22.21	11	0.65	14.95	0.18	0.04	0.00
Milk, 1% White	1/2 pint	7	110	15	130	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	0.00
Milk, FF, Skim	1/2 pint	2	90	0	150	0.00	0.00	300.0	500	1.2	12	8.0	13.0	0.0	0.00	0.00
Milk, FF, Chocolate	1/2 pint	49	130	5	170	0.00	0.00	300.0	500	2.4	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Strawberry	1/2 pint	24	120	5	105	0.00	0.00	300.0	500	0.0	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Vanilla	1/2 pint	23	120	5	100	0.00	0.00	250.0	500	0.0	12	8.0	20.0	0.0	0.00	0.00
Milk, FF, White, Lactaid PFMA	1/2 pint	1	90	0	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Weighted Daily Average			449	6	459	5.67	6.28	420.0	1374	95.20	53	11.85	90.66	4.95	1.14	0.00
% of Calories											47.1%	10.6%	80.8%	9.9%	2.3%	0.0%
Nutrient Guideline			350-500		540										<10.00	

Mon - 03/08/2021																
Evesham ES BRK K-5	Total	106														
Breakfast Kit Choice	1 each	106	268	0	322	3.20	6.14	113.2	758	71.78	23	3.2	55.0	4.6	1.00	0.00
Fruit Choice Brkft	1 piece	106	58	0	1	2.47	0.14	17.7	116	22.21	11	0.65	14.95	0.18	0.04	0.00
Milk, 1% White	1/2 pint	7	110	15	130	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	0.00
Milk, FF, Skim	1/2 pint	2	90	0	150	0.00	0.00	300.0	500	1.2	12	8.0	13.0	0.0	0.00	0.00
Milk, FF, Chocolate	1/2 pint	49	130	5	170	0.00	0.00	300.0	500	2.4	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Strawberry	1/2 pint	24	120	5	105	0.00	0.00	300.0	500	0.0	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Vanilla	1/2 pint	23	120	5	100	0.00	0.00	250.0	500	0.0	12	8.0	20.0	0.0	0.00	0.00
Milk, FF, White, Lactaid PFMA	1/2 pint	1	90	0	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Weighted Daily Average			449	6	459	5.67	6.28	420.0	1374	95.20	53	11.85	90.66	4.95	1.14	0.00
% of Calories											47.1%	10.6%	80.8%	9.9%	2.3%	0.0%
Nutrient Guideline			350-500		540										<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

**Princeton Food Management Associates**

**Mar 1, 2021 thru Mar 31, 2021**

Base Menu Spreadsheet

Evesham ES BRK K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Tue - 03/09/2021</b>																
Evesham ES BRK K-5	Total	106														
Breakfast Kit Choice	1 each	106	268	0	322	3.20	6.14	113.2	758	71.78	23	3.2	55.0	4.6	1.00	0.00
Fruit Choice Brkft	1 piece	106	58	0	1	2.47	0.14	17.7	116	22.21	11	0.65	14.95	0.18	0.04	0.00
Milk, 1% White	1/2 pint	7	110	15	130	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	0.00
Milk, FF, Skim	1/2 pint	2	90	0	150	0.00	0.00	300.0	500	1.2	12	8.0	13.0	0.0	0.00	0.00
Milk, FF, Chocolate	1/2 pint	49	130	5	170	0.00	0.00	300.0	500	2.4	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Strawberry	1/2 pint	24	120	5	105	0.00	0.00	300.0	500	0.0	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Vanilla	1/2 pint	23	120	5	100	0.00	0.00	250.0	500	0.0	12	8.0	20.0	0.0	0.00	0.00
Milk, FF, White, Lactaid PFMA	1/2 pint	1	90	0	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Weighted Daily Average			449	6	459	5.67	6.28	420.0	1374	95.20	53	11.85	90.66	4.95	1.14	0.00
% of Calories											47.1%	10.6%	80.8%	9.9%	2.3%	0.0%
Nutrient Guideline			350-500		540										<10.00	

<b>Wed - 03/10/2021</b>																
Evesham ES BRK K-5	Total	106														
Breakfast Kit Choice	1 each	106	268	0	322	3.20	6.14	113.2	758	71.78	23	3.2	55.0	4.6	1.00	0.00
Fruit Choice Brkft	1 piece	106	58	0	1	2.47	0.14	17.7	116	22.21	11	0.65	14.95	0.18	0.04	0.00
Milk, 1% White	1/2 pint	7	110	15	130	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	0.00
Milk, FF, Skim	1/2 pint	2	90	0	150	0.00	0.00	300.0	500	1.2	12	8.0	13.0	0.0	0.00	0.00
Milk, FF, Chocolate	1/2 pint	49	130	5	170	0.00	0.00	300.0	500	2.4	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Strawberry	1/2 pint	24	120	5	105	0.00	0.00	300.0	500	0.0	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Vanilla	1/2 pint	23	120	5	100	0.00	0.00	250.0	500	0.0	12	8.0	20.0	0.0	0.00	0.00
Milk, FF, White, Lactaid PFMA	1/2 pint	1	90	0	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Weighted Daily Average			449	6	459	5.67	6.28	420.0	1374	95.20	53	11.85	90.66	4.95	1.14	0.00
% of Calories											47.1%	10.6%	80.8%	9.9%	2.3%	0.0%
Nutrient Guideline			350-500		540										<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

**Princeton Food Management Associates**

**Mar 1, 2021 thru Mar 31, 2021**

Base Menu Spreadsheet

Evesham ES BRK K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Thu - 03/11/2021</b>																
Evesham ES BRK K-5	Total	106														
Breakfast Kit Choice	1 each	106	268	0	322	3.20	6.14	113.2	758	71.78	23	3.2	55.0	4.6	1.00	0.00
Fruit Choice Brkft	1 piece	106	58	0	1	2.47	0.14	17.7	116	22.21	11	0.65	14.95	0.18	0.04	0.00
Milk, 1% White	1/2 pint	7	110	15	130	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	0.00
Milk, FF, Skim	1/2 pint	2	90	0	150	0.00	0.00	300.0	500	1.2	12	8.0	13.0	0.0	0.00	0.00
Milk, FF, Chocolate	1/2 pint	49	130	5	170	0.00	0.00	300.0	500	2.4	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Strawberry	1/2 pint	24	120	5	105	0.00	0.00	300.0	500	0.0	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Vanilla	1/2 pint	23	120	5	100	0.00	0.00	250.0	500	0.0	12	8.0	20.0	0.0	0.00	0.00
Milk, FF, White, Lactaid PFMA	1/2 pint	1	90	0	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Weighted Daily Average			449	6	459	5.67	6.28	420.0	1374	95.20	53	11.85	90.66	4.95	1.14	0.00
% of Calories											47.1%	10.6%	80.8%	9.9%	2.3%	0.0%
Nutrient Guideline			350-500		540										<10.00	

<b>Fri - 03/12/2021</b>																
Evesham ES BRK K-5	Total	106														
Breakfast Kit Choice	1 each	106	268	0	322	3.20	6.14	113.2	758	71.78	23	3.2	55.0	4.6	1.00	0.00
Fruit Choice Brkft	1 piece	106	58	0	1	2.47	0.14	17.7	116	22.21	11	0.65	14.95	0.18	0.04	0.00
Milk, 1% White	1/2 pint	7	110	15	130	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	0.00
Milk, FF, Skim	1/2 pint	2	90	0	150	0.00	0.00	300.0	500	1.2	12	8.0	13.0	0.0	0.00	0.00
Milk, FF, Chocolate	1/2 pint	49	130	5	170	0.00	0.00	300.0	500	2.4	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Strawberry	1/2 pint	24	120	5	105	0.00	0.00	300.0	500	0.0	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Vanilla	1/2 pint	23	120	5	100	0.00	0.00	250.0	500	0.0	12	8.0	20.0	0.0	0.00	0.00
Milk, FF, White, Lactaid PFMA	1/2 pint	1	90	0	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Weighted Daily Average			449	6	459	5.67	6.28	420.0	1374	95.20	53	11.85	90.66	4.95	1.14	0.00
% of Calories											47.1%	10.6%	80.8%	9.9%	2.3%	0.0%
Nutrient Guideline			350-500		540										<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

**Princeton Food Management Associates**

**Mar 1, 2021 thru Mar 31, 2021**

Base Menu Spreadsheet

Evesham ES BRK K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Mon - 03/15/2021</b>																
Evesham ES BRK K-5	Total	106														
Breakfast Kit Choice	1 each	106	268	0	322	3.20	6.14	113.2	758	71.78	23	3.2	55.0	4.6	1.00	0.00
Fruit Choice Brkft	1 piece	106	58	0	1	2.47	0.14	17.7	116	22.21	11	0.65	14.95	0.18	0.04	0.00
Milk, 1% White	1/2 pint	7	110	15	130	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	0.00
Milk, FF, Skim	1/2 pint	2	90	0	150	0.00	0.00	300.0	500	1.2	12	8.0	13.0	0.0	0.00	0.00
Milk, FF, Chocolate	1/2 pint	49	130	5	170	0.00	0.00	300.0	500	2.4	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Strawberry	1/2 pint	24	120	5	105	0.00	0.00	300.0	500	0.0	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Vanilla	1/2 pint	23	120	5	100	0.00	0.00	250.0	500	0.0	12	8.0	20.0	0.0	0.00	0.00
Milk, FF, White, Lactaid PFMA	1/2 pint	1	90	0	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Weighted Daily Average			449	6	459	5.67	6.28	420.0	1374	95.20	53	11.85	90.66	4.95	1.14	0.00
% of Calories											47.1%	10.6%	80.8%	9.9%	2.3%	0.0%
Nutrient Guideline			350-500		540										<10.00	

<b>Tue - 03/16/2021</b>																
Evesham ES BRK K-5	Total	106														
Breakfast Kit Choice	1 each	106	268	0	322	3.20	6.14	113.2	758	71.78	23	3.2	55.0	4.6	1.00	0.00
Fruit Choice Brkft	1 piece	106	58	0	1	2.47	0.14	17.7	116	22.21	11	0.65	14.95	0.18	0.04	0.00
Milk, 1% White	1/2 pint	7	110	15	130	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	0.00
Milk, FF, Skim	1/2 pint	2	90	0	150	0.00	0.00	300.0	500	1.2	12	8.0	13.0	0.0	0.00	0.00
Milk, FF, Chocolate	1/2 pint	49	130	5	170	0.00	0.00	300.0	500	2.4	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Strawberry	1/2 pint	24	120	5	105	0.00	0.00	300.0	500	0.0	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Vanilla	1/2 pint	23	120	5	100	0.00	0.00	250.0	500	0.0	12	8.0	20.0	0.0	0.00	0.00
Milk, FF, White, Lactaid PFMA	1/2 pint	1	90	0	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Weighted Daily Average			449	6	459	5.67	6.28	420.0	1374	95.20	53	11.85	90.66	4.95	1.14	0.00
% of Calories											47.1%	10.6%	80.8%	9.9%	2.3%	0.0%
Nutrient Guideline			350-500		540										<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

**Princeton Food Management Associates**

**Mar 1, 2021 thru Mar 31, 2021**

Base Menu Spreadsheet

Evesham ES BRK K-5

Portion Values - Detailed

Page 7

Generated on: 2/17/2021 9:43:06 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Wed - 03/17/2021</b>																
Evesham ES BRK K-5	Total	106														
Breakfast Kit Choice	1 each	106	268	0	322	3.20	6.14	113.2	758	71.78	23	3.2	55.0	4.6	1.00	0.00
Fruit Choice Brkft	1 piece	106	58	0	1	2.47	0.14	17.7	116	22.21	11	0.65	14.95	0.18	0.04	0.00
Milk, 1% White	1/2 pint	7	110	15	130	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	0.00
Milk, FF, Skim	1/2 pint	2	90	0	150	0.00	0.00	300.0	500	1.2	12	8.0	13.0	0.0	0.00	0.00
Milk, FF, Chocolate	1/2 pint	49	130	5	170	0.00	0.00	300.0	500	2.4	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Strawberry	1/2 pint	24	120	5	105	0.00	0.00	300.0	500	0.0	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Vanilla	1/2 pint	23	120	5	100	0.00	0.00	250.0	500	0.0	12	8.0	20.0	0.0	0.00	0.00
Milk, FF, White, Lactaid PFMA	1/2 pint	1	90	0	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Weighted Daily Average			449	6	459	5.67	6.28	420.0	1374	95.20	53	11.85	90.66	4.95	1.14	0.00
% of Calories											47.1%	10.6%	80.8%	9.9%	2.3%	0.0%
Nutrient Guideline			350-500		540										<10.00	

<b>Thu - 03/18/2021</b>																
Evesham ES BRK K-5	Total	106														
Breakfast Kit Choice	1 each	106	268	0	322	3.20	6.14	113.2	758	71.78	23	3.2	55.0	4.6	1.00	0.00
Fruit Choice Brkft	1 piece	106	58	0	1	2.47	0.14	17.7	116	22.21	11	0.65	14.95	0.18	0.04	0.00
Milk, 1% White	1/2 pint	7	110	15	130	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	0.00
Milk, FF, Skim	1/2 pint	2	90	0	150	0.00	0.00	300.0	500	1.2	12	8.0	13.0	0.0	0.00	0.00
Milk, FF, Chocolate	1/2 pint	49	130	5	170	0.00	0.00	300.0	500	2.4	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Strawberry	1/2 pint	24	120	5	105	0.00	0.00	300.0	500	0.0	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Vanilla	1/2 pint	23	120	5	100	0.00	0.00	250.0	500	0.0	12	8.0	20.0	0.0	0.00	0.00
Milk, FF, White, Lactaid PFMA	1/2 pint	1	90	0	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Weighted Daily Average			449	6	459	5.67	6.28	420.0	1374	95.20	53	11.85	90.66	4.95	1.14	0.00
% of Calories											47.1%	10.6%	80.8%	9.9%	2.3%	0.0%
Nutrient Guideline			350-500		540										<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

**Princeton Food Management Associates**

**Mar 1, 2021 thru Mar 31, 2021**

Base Menu Spreadsheet

Evesham ES BRK K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 03/19/2021																
Evesham ES BRK K-5	Total	106														
Breakfast Kit Choice	1 each	106	268	0	322	3.20	6.14	113.2	758	71.78	23	3.2	55.0	4.6	1.00	0.00
Fruit Choice Brkft	1 piece	106	58	0	1	2.47	0.14	17.7	116	22.21	11	0.65	14.95	0.18	0.04	0.00
Milk, 1% White	1/2 pint	7	110	15	130	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	0.00
Milk, FF, Skim	1/2 pint	2	90	0	150	0.00	0.00	300.0	500	1.2	12	8.0	13.0	0.0	0.00	0.00
Milk, FF, Chocolate	1/2 pint	49	130	5	170	0.00	0.00	300.0	500	2.4	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Strawberry	1/2 pint	24	120	5	105	0.00	0.00	300.0	500	0.0	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Vanilla	1/2 pint	23	120	5	100	0.00	0.00	250.0	500	0.0	12	8.0	20.0	0.0	0.00	0.00
Milk, FF, White, Lactaid PFMA	1/2 pint	1	90	0	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Weighted Daily Average			449	6	459	5.67	6.28	420.0	1374	95.20	53	11.85	90.66	4.95	1.14	0.00
% of Calories											47.1%	10.6%	80.8%	9.9%	2.3%	0.0%
Nutrient Guideline			350-500		540										<10.00	

Mon - 03/22/2021																
Evesham ES BRK K-5	Total	106														
Breakfast Kit Choice	1 each	106	268	0	322	3.20	6.14	113.2	758	71.78	23	3.2	55.0	4.6	1.00	0.00
Fruit Choice Brkft	1 piece	106	58	0	1	2.47	0.14	17.7	116	22.21	11	0.65	14.95	0.18	0.04	0.00
Milk, 1% White	1/2 pint	7	110	15	130	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	0.00
Milk, FF, Skim	1/2 pint	2	90	0	150	0.00	0.00	300.0	500	1.2	12	8.0	13.0	0.0	0.00	0.00
Milk, FF, Chocolate	1/2 pint	49	130	5	170	0.00	0.00	300.0	500	2.4	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Strawberry	1/2 pint	24	120	5	105	0.00	0.00	300.0	500	0.0	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Vanilla	1/2 pint	23	120	5	100	0.00	0.00	250.0	500	0.0	12	8.0	20.0	0.0	0.00	0.00
Milk, FF, White, Lactaid PFMA	1/2 pint	1	90	0	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Weighted Daily Average			449	6	459	5.67	6.28	420.0	1374	95.20	53	11.85	90.66	4.95	1.14	0.00
% of Calories											47.1%	10.6%	80.8%	9.9%	2.3%	0.0%
Nutrient Guideline			350-500		540										<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.



**Princeton Food Management Associates**

**Mar 1, 2021 thru Mar 31, 2021**

Base Menu Spreadsheet

Evesham ES BRK K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Tue - 03/23/2021</b>																
Evesham ES BRK K-5	Total	106														
Breakfast Kit Choice	1 each	106	268	0	322	3.20	6.14	113.2	758	71.78	23	3.2	55.0	4.6	1.00	0.00
Fruit Choice Brkft	1 piece	106	58	0	1	2.47	0.14	17.7	116	22.21	11	0.65	14.95	0.18	0.04	0.00
Milk, 1% White	1/2 pint	7	110	15	130	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	0.00
Milk, FF, Skim	1/2 pint	2	90	0	150	0.00	0.00	300.0	500	1.2	12	8.0	13.0	0.0	0.00	0.00
Milk, FF, Chocolate	1/2 pint	49	130	5	170	0.00	0.00	300.0	500	2.4	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Strawberry	1/2 pint	24	120	5	105	0.00	0.00	300.0	500	0.0	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Vanilla	1/2 pint	23	120	5	100	0.00	0.00	250.0	500	0.0	12	8.0	20.0	0.0	0.00	0.00
Milk, FF, White, Lactaid PFMA	1/2 pint	1	90	0	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Weighted Daily Average			449	6	459	5.67	6.28	420.0	1374	95.20	53	11.85	90.66	4.95	1.14	0.00
% of Calories											47.1%	10.6%	80.8%	9.9%	2.3%	0.0%
Nutrient Guideline			350-500		540										<10.00	

<b>Wed - 03/24/2021</b>																
Evesham ES BRK K-5	Total	106														
Breakfast Kit Choice	1 each	106	268	0	322	3.20	6.14	113.2	758	71.78	23	3.2	55.0	4.6	1.00	0.00
Fruit Choice Brkft	1 piece	106	58	0	1	2.47	0.14	17.7	116	22.21	11	0.65	14.95	0.18	0.04	0.00
Milk, 1% White	1/2 pint	7	110	15	130	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	0.00
Milk, FF, Skim	1/2 pint	2	90	0	150	0.00	0.00	300.0	500	1.2	12	8.0	13.0	0.0	0.00	0.00
Milk, FF, Chocolate	1/2 pint	49	130	5	170	0.00	0.00	300.0	500	2.4	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Strawberry	1/2 pint	24	120	5	105	0.00	0.00	300.0	500	0.0	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Vanilla	1/2 pint	23	120	5	100	0.00	0.00	250.0	500	0.0	12	8.0	20.0	0.0	0.00	0.00
Milk, FF, White, Lactaid PFMA	1/2 pint	1	90	0	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Weighted Daily Average			449	6	459	5.67	6.28	420.0	1374	95.20	53	11.85	90.66	4.95	1.14	0.00
% of Calories											47.1%	10.6%	80.8%	9.9%	2.3%	0.0%
Nutrient Guideline			350-500		540										<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

**Princeton Food Management Associates**

**Mar 1, 2021 thru Mar 31, 2021**

Base Menu Spreadsheet

Evesham ES BRK K-5

Portion Values - Detailed

Page 10

Generated on: 2/17/2021 9:43:07 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Thu - 03/25/2021</b>																
Evesham ES BRK K-5	Total	106														
Breakfast Kit Choice	1 each	106	268	0	322	3.20	6.14	113.2	758	71.78	23	3.2	55.0	4.6	1.00	0.00
Fruit Choice Brkft	1 piece	106	58	0	1	2.47	0.14	17.7	116	22.21	11	0.65	14.95	0.18	0.04	0.00
Milk, 1% White	1/2 pint	7	110	15	130	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	0.00
Milk, FF, Skim	1/2 pint	2	90	0	150	0.00	0.00	300.0	500	1.2	12	8.0	13.0	0.0	0.00	0.00
Milk, FF, Chocolate	1/2 pint	49	130	5	170	0.00	0.00	300.0	500	2.4	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Strawberry	1/2 pint	24	120	5	105	0.00	0.00	300.0	500	0.0	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Vanilla	1/2 pint	23	120	5	100	0.00	0.00	250.0	500	0.0	12	8.0	20.0	0.0	0.00	0.00
Milk, FF, White, Lactaid PFMA	1/2 pint	1	90	0	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Weighted Daily Average			449	6	459	5.67	6.28	420.0	1374	95.20	53	11.85	90.66	4.95	1.14	0.00
% of Calories											47.1%	10.6%	80.8%	9.9%	2.3%	0.0%
Nutrient Guideline			350-500		540										<10.00	

<b>Fri - 03/26/2021</b>																
Evesham ES BRK K-5	Total	106														
Breakfast Kit Choice	1 each	106	268	0	322	3.20	6.14	113.2	758	71.78	23	3.2	55.0	4.6	1.00	0.00
Fruit Choice Brkft	1 piece	106	58	0	1	2.47	0.14	17.7	116	22.21	11	0.65	14.95	0.18	0.04	0.00
Milk, 1% White	1/2 pint	7	110	15	130	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	0.00
Milk, FF, Skim	1/2 pint	2	90	0	150	0.00	0.00	300.0	500	1.2	12	8.0	13.0	0.0	0.00	0.00
Milk, FF, Chocolate	1/2 pint	49	130	5	170	0.00	0.00	300.0	500	2.4	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Strawberry	1/2 pint	24	120	5	105	0.00	0.00	300.0	500	0.0	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Vanilla	1/2 pint	23	120	5	100	0.00	0.00	250.0	500	0.0	12	8.0	20.0	0.0	0.00	0.00
Milk, FF, White, Lactaid PFMA	1/2 pint	1	90	0	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Weighted Daily Average			449	6	459	5.67	6.28	420.0	1374	95.20	53	11.85	90.66	4.95	1.14	0.00
% of Calories											47.1%	10.6%	80.8%	9.9%	2.3%	0.0%
Nutrient Guideline			350-500		540										<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

**Princeton Food Management Associates**

**Mar 1, 2021 thru Mar 31, 2021**

Base Menu Spreadsheet

Evesham ES BRK K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Mon - 03/29/2021</b>																
Evesham ES BRK K-5	Total	106														
Breakfast Kit Choice	1 each	106	268	0	322	3.20	6.14	113.2	758	71.78	23	3.2	55.0	4.6	1.00	0.00
Fruit Choice Brkft	1 piece	106	58	0	1	2.47	0.14	17.7	116	22.21	11	0.65	14.95	0.18	0.04	0.00
Milk, 1% White	1/2 pint	7	110	15	130	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	0.00
Milk, FF, Skim	1/2 pint	2	90	0	150	0.00	0.00	300.0	500	1.2	12	8.0	13.0	0.0	0.00	0.00
Milk, FF, Chocolate	1/2 pint	49	130	5	170	0.00	0.00	300.0	500	2.4	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Strawberry	1/2 pint	24	120	5	105	0.00	0.00	300.0	500	0.0	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Vanilla	1/2 pint	23	120	5	100	0.00	0.00	250.0	500	0.0	12	8.0	20.0	0.0	0.00	0.00
Milk, FF, White, Lactaid PFMA	1/2 pint	1	90	0	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Weighted Daily Average			449	6	459	5.67	6.28	420.0	1374	95.20	53	11.85	90.66	4.95	1.14	0.00
% of Calories											47.1%	10.6%	80.8%	9.9%	2.3%	0.0%
Nutrient Guideline			350-500		540										<10.00	

<b>Tue - 03/30/2021</b>																
Evesham ES BRK K-5	Total	106														
Breakfast Kit Choice	1 each	106	268	0	322	3.20	6.14	113.2	758	71.78	23	3.2	55.0	4.6	1.00	0.00
Fruit Choice Brkft	1 piece	106	58	0	1	2.47	0.14	17.7	116	22.21	11	0.65	14.95	0.18	0.04	0.00
Milk, 1% White	1/2 pint	7	110	15	130	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	0.00
Milk, FF, Skim	1/2 pint	2	90	0	150	0.00	0.00	300.0	500	1.2	12	8.0	13.0	0.0	0.00	0.00
Milk, FF, Chocolate	1/2 pint	49	130	5	170	0.00	0.00	300.0	500	2.4	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Strawberry	1/2 pint	24	120	5	105	0.00	0.00	300.0	500	0.0	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Vanilla	1/2 pint	23	120	5	100	0.00	0.00	250.0	500	0.0	12	8.0	20.0	0.0	0.00	0.00
Milk, FF, White, Lactaid PFMA	1/2 pint	1	90	0	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Weighted Daily Average			449	6	459	5.67	6.28	420.0	1374	95.20	53	11.85	90.66	4.95	1.14	0.00
% of Calories											47.1%	10.6%	80.8%	9.9%	2.3%	0.0%
Nutrient Guideline			350-500		540										<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

**Princeton Food Management Associates**

**Mar 1, 2021 thru Mar 31, 2021**

Base Menu Spreadsheet

Evesham ES BRK K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 03/31/2021																
Evesham ES BRK K-5	Total	106														
Breakfast Kit Choice	1 each	106	268	0	322	3.20	6.14	113.2	758	71.78	23	3.2	55.0	4.6	1.00	0.00
Fruit Choice Brkft	1 piece	106	58	0	1	2.47	0.14	17.7	116	22.21	11	0.65	14.95	0.18	0.04	0.00
Milk, 1% White	1/2 pint	7	110	15	130	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	0.00
Milk, FF, Skim	1/2 pint	2	90	0	150	0.00	0.00	300.0	500	1.2	12	8.0	13.0	0.0	0.00	0.00
Milk, FF, Chocolate	1/2 pint	49	130	5	170	0.00	0.00	300.0	500	2.4	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Strawberry	1/2 pint	24	120	5	105	0.00	0.00	300.0	500	0.0	22	8.0	22.0	0.0	0.00	0.00
Milk, FF, Vanilla	1/2 pint	23	120	5	100	0.00	0.00	250.0	500	0.0	12	8.0	20.0	0.0	0.00	0.00
Milk, FF, White, Lactaid PFMA	1/2 pint	1	90	0	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Weighted Daily Average			449	6	459	5.67	6.28	420.0	1374	95.20	53	11.85	90.66	4.95	1.14	0.00
% of Calories											47.1%	10.6%	80.8%	9.9%	2.3%	0.0%
Nutrient Guideline			350-500		540										<10.00	

Weighted Average			449	6	459	5.67	6.28	420.0	1374	95.20	53	11.85	90.66	4.95	1.14	0.00
											105.9%	10.6%	80.8%	9.9%	2.3%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	449		350 - 500	100%				
Cholesterol (mg)	6							
Sodium 1 (mg)	459		540					
Sodium 2 (mg)	459		485					
Fiber (g)	5.67							
Iron (mg)	6.28							
Calcium (mg)	420.0							
Vitamin A (IU)	1374							
Sugars (g)	53	47.06%						
Vitamin C (mg)	95.20							
Protein (g)	11.85	10.56%						
Carbohydrate (g)	90.66	80.79%						
Total Fat (g)	4.95	9.92%						
Saturated Fat (g)	1.14	2.28%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.00	0.00%						

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.