

# 2021 Evesham Middle School Lunch Menu

Grab & Go  
Breakfast  
Cereal Kits with  
Milk Available  
Daily



**Lunch Prices**

Student	\$3.00
Reduced	\$0.00
Milk	\$0.75
Adult	\$4.90

**Breakfast Prices**

Student	\$1.70
Reduced	\$0.00
Adult	\$2.00

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
<p><b>Daily Alternates:</b> All Beef Hot Dog on a Bun <b>for in school dining only</b></p>	<p><b>DAILY OFFERINGS:</b> 1% White or Fat Free Flavored Milk, Fresh veggies w/ dip, chilled and fresh fruit are all offered daily and included with the price of lunch. Juice or water may be purchased separately.</p>		<p><b>Pizza Crunchers</b> Side Salad Chilled Fruit Cup</p>	<p><b>Grilled Cheese</b> Chips Fresh Apple <b>Happy Easter!</b></p>	<p>Cal 619 T.Fat 24.73 G S.Fat 9.8 G Chol 44.3 Mg Sodm 1227.41 Mg</p>
<p><b>Turkey Sandwich</b> Chips Cheese Stick Chilled Fruit Cup</p>	<p><b>Chicken Nuggets</b> French Fries Green Beans Chilled Fruit Cup</p>	<p><b>French Toast Sticks</b> Sausage Patty Tasty Tater Tots Cinnamon Apples</p>	<p><b>Pasta w/ Meatballs</b> Dinner Roll Green Beans Chilled Fruit Cup</p>	<p><b>French Bread Pizza</b> Side Salad Chilled Fruit Cup</p>	<p>Cal 624 T.Fat 20.98 G S.Fat 5.6 G Chol 39.1 Mg Sodm 984.67 Mg</p>
<p><b>Chicken Patty</b> French Fries Tender Corn Chilled Fruit Cup</p>	<p><b>Hot Dog</b> Chips Vegetarian Baked Beans Fresh Baked</p>	<p><b>Creamy Mac &amp; Cheese</b> Dinner Roll Mixed Vegetables Chilled Fruit Cup</p>	<p><b>Hoagie</b> Chips Veggies w/Dip Creamy Pudding</p>	<p><b>Pizza</b> Side Salad Chilled Fruit Cup</p>	<p>Cal 664 T.Fat 23.88 G S.Fat 7.1 G Chol 45.8 Mg Sodm 1184.69 Mg</p>
<p><b>Cheeseburger</b> Sweet Potato Fries Celery Sticks w/Dip Chilled Fruit Cup</p>	<p><b>Chicken Tenders</b> Chips Green Beans Applesauce</p>	<p><b>Ham &amp; Cheese Melt</b> Tasty Tater Tots Baby Carrots w/Dip Chilled Fruit Cup</p>	<p><b>Mini Pancakes</b> Sausage Patty Tasty Tater Tots Cinnamon Apples</p>	<p><b>Pizza</b> Side Salad Chilled Fruit Cup</p>	<p>Cal 630 T.Fat 22.05 G S.Fat 5.7 G Chol 47.0 Mg Sodm 1073.61 Mg</p>
<p><b>Corn Dog Bites</b> Chips Vegetarian Baked Beans Creamy Pudding</p>	<p><b>Meatball Sandwich</b> Cheese Stick Fresh Veggies w/Dip</p>	<p><b>Turkey &amp; Cheese Sandwich</b> Chips Juicy Red Apple</p>	<p><b>Oven Baked Chicken</b> Buttered Pasta Tender Corn Chilled Fruit Cup</p>	<p><b>Pizza</b> Side Salad Chilled Fruit Cup</p>	<p>Cal 565 T.Fat 18.45 G S.Fat 5.1 G Chol 42.7 Mg Sodm 1017.68 Mg</p>

**NOTICE:** Many of our menu items may contain the following allergens: Milk, Dairy, Eggs, Soy and Wheat. Menus are subject to change. We do our best to offer the daily menu posted. Last minute changes will be accounted. This may affect nutritional information for that day.



Menu questions or concerns, contact Pat Gould at [pmapat@gmail.com](mailto:pmapat@gmail.com)