



Marlton Cross Country is part of the Marlton Track Program. Participants must be 10 years of age or older. Practice will start in Mid August with preparation training provided ahead of time.

- Practice will be Tuesday and Thursday at Cherokee High School.
- You can play in another sport (like soccer) and still participate in Cross Country.
- Cross Country Races will be on Saturday morning's starting in September.
- Races are approximately 1.5 miles in length on pre determined and well marked race courses.
- All skill sets welcome from the beginner runner to AAU Junior Olympians.
- You do not have to live in Marlton

Practices will begin in Mid August with a summer training program provided prior to that after you are registered.

Cost to Participate is \$115

Register Here: <https://www.marltonreccouncil.org/mrcreg>

Please contact Commissioner Greg Cieslik @ greg.cieslik@marltonreccouncil.org with any questions

*This is not a school sponsored event

